



Coonamble Public School



Wednesday 23rd May 2018

Term 2 Week 4

We acknowledge the school is built on Wailwan land and the home to many Gamilaroi families.



Dates for the Calendar

- 25/05/2018 - Australia's Biggest Morning Tea
- 25/05/2018 - National Sorry Day
- **28/05/2018 - Monday - PUPIL FREE DAY**
- 30/05/2018 - Zone Cross Country Quambone
- 1/06/2018 - Bullying Awareness Program - Years 3,4,5&6
- 7/06/2018 - 18/06/2018 - Life Education Van Visit
- **11/06/2018 - Monday - Long Weekend Holiday**
- 15/06/2018 - Regional Cross Country - Coolah
- 5/07/2018 - NAIDOC Day

2018 Attendance Target

Week
3
85%

OUR
GOAL
94%

Attention Parents/Carers!!

If you have changed your address or
phone number please advise the office
and update your details ASAP

Proud and Strong WEEK 2



Back Row: Kale Walker, Ashley Proctor,
Mikiala Thurston, Tyreece South,
Maison Arrowsmith

Front Row: Matthew Thurston,
Sharna Blattman, Declan Dixon,
Krystal Yurong, Jacinta Kinsela

From the Principal.....

Dear parents,

It has been a quieter week at school with time to focus on learning every day.

The **ASPIRE** team from the University of NSW are running sessions with students across the school today to promote the importance of learning and achieving success in life. It is a wonderful chance for our students in rural and remote locations to have access to hearing and thinking about the possibilities and opportunities available. We want every student to see themselves as a successful learner and achieve the best that they are capable of. These sessions are a small part of the whole process.

On Friday we will acknowledge **National Sorry Day** at our assembly with guest speakers and morning tea in the community room. We hope that many parents, family and friends will be able to join us on Friday at 10.45am. This day is an important milestone in our history for all Australians and especially our Aboriginal people. I would like to thank Justine, Gloria, Racquel & Willy for their efforts in coordinating this recognition assembly.

We will also celebrate **Biggest Morning Tea** on Friday after the assembly to support the Cancer Council. Please stay after the assembly and contribute to this worthy cause. Staff will be cooking food for this event so all money raised can be sent to the charity.

Staffing

Next week I will commence long service leave on Friday and I will be away for one week. During this time, Mrs Lynda Peter will be relieving as Principal and the Assistant Principals will share the Deputy Principal role. Thank you to everyone for stepping in and supporting each other. I will be back at school on the Tuesday after the long weekend.

Mrs Judy Proctor (our School Administrative Manager) will be having surgery next week and will be on sick leave for the remainder of the term. We wish her all the best for a speedy recovery and look forward to seeing her return in term 3. During her leave, Miss Fiona Pennell will be relieving as School Administrative Manager, Mrs Helen Lane will fill Fiona's position and Miss Laura Gray will be on the reception desk and in the library. It is wonderful that we have capable staff who can take on the new roles.

Ms Nardean Farrell had her surgery last week and we have heard that she is making a good recovery. This is good news and we look forward to her return to work in a few weeks or early next term.

STUDENTS WILL NOT ATTEND SCHOOL ON MONDAY 28th MAY 2018. IT IS OUR STAFF DEVELOPMENT DAY. Teachers will be at school learning strategies to support and manage aggressive and potentially aggressive behaviour. All staff including non-teaching, SLSOs, general assistants and office staff will participate in the training.

We know that some families will need to make arrangements for students to accommodate this change. Please advise me if you have any concerns about this or require assistance.

Buses have been notified of the change.

I welcome parents with concerns, questions and issues to contact me so that I can explain or resolve issues quickly. It is difficult to resolve issues if I am unaware of them. Our school welcomes input and involvement of parents on many levels.

Have a great week

Annette
Annette Thomson
Principal

Coonamble Public School P&C Uniform List

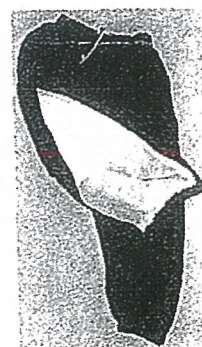
PRICE LIST

School Shirt Blue, gold and white cotton backed polyester polo shirt with the school crest embroidered. Sizes: 4, 6, 8, 10, 12, 14, S, M, L	\$25.00
Summer Girls Dress Checked school tunic. Sizes: 4, 6, 8, 10, 12, 14	\$50.00
Winter Girls Dress A winter weight checked pinafore. Sizes: 4, 6, 8, 10, 12, 14	\$60.00
Shorts Navy blue on blue Canterbury shorts. These shorts made from polyester Taslon a fast drying easy care fabric. Sizes: 4, 6, 8, 10, 12, 14, 16	\$20.00
Trackpants Navy blue on blue Canterbury trackpants. These trackpant made from polyester Taslon a fast drying easy care fabric and have a cotton lining. Sizes: 8, 10, 12, 14, 16	\$40.00



School Jumper Royal blue polar fleece half-zip jumper embroidered with the school crest. Sizes: 4, 6, 8, 10, 12, 14, 16, S, L, 3XL	\$30.00
School Jacket A long, fully lined royal blue jacket embroidered with the school crest. Sizes: 12, 16 only	\$30.00
School Bucket Hat 100% cotton in blue and gold embroidered with the school crest. Sizes: 55, 57, 59cm	\$20.00 \$10.00

Reusable Lunch Bags Durable and easy to clean lunch bag with clear zippered pouch for money. Colours: Blue, Red, Green, Purple and Pink.	\$10.00
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Sizing (cm)											
To Fit	4	6	8	10	12	14	16	S	M	L	3XL
Height	108	120	130	140	150	160	170				
Chest	60	64	68	72	76	80	86	90	95	100	115
Waist	56	58	61	65	69	74	80	82	87	92	107

SCHOOL UNIFORMS ARE NOW AVAILABLE AT THE SCHOOL OFFICE

SOME ITEMS ARE STILL ON ORDER.

IF YOU ORDERED UNIFORMS EARLIER PLEASE COME TO THE OFFICE TO PAY FOR THEM AND COLLECT THEM

Cross Country Ribbon Winners 2018

Siarne Smith, Armarleigh Benton,
Jade Craig, Jaylan Baker,
Ashton Dunn-Blackhall



Declan Dixon, Jack Underwood,
Kiarni Smith, Shapharli Benton,
Shania Welsh

Zahlee Fernando, Kayley Boney,
Cameron Newbold, Matthew Thurston,
Lartrel Russell



Beth Underwood, Ashley Proctor,
Paige Kinsela, Kaleb Blackhall,
Braydon Dodd, Lucas Benton

Riley Dunn, Jay Newham,
Mikiala Thurston, Teanna Craig,
Adda Craig



Shane Kennedy, Jayden Thurston,
Shanae Jones, Rikki-Lee Welsh,
Sarah Smith, Lleyton Fernando

You're Invited

SORRY DAY

There will be a
Special Assembly on
Friday 25th May 10.45am
CPS Hall
All Welcome

Attention Parents/Carers!!

If you have changed your address or
phone number please advise the office
and update your details ASAP

SCHOOL ASSEMBLY

Friday 10.45am
Special Sorry Day
Assembly

CANTEEN MANAGERS AND STAFF
ARE INVITED TO ATTEND A...

NSW HEALTHY SCHOOL CANTEEN WORKSHOP

BROKEN HILL The Demo Club Wed 6 June - 11am-2pm	DUBBO Dubbo Golf Club Mon 18 June - 11am-2pm
COONAMBLE Coonamble Bowling Club Tues 19 June - 11am-2pm	PARKES Parkes Services Club Wed 20 June - 11am-2pm
ORANGE Orange City Bowling Club Thurs 21 June - 11am-2pm	BATHURST Panthers Bathurst Fri 22 June - 11am-2pm

In 2018, this series of interactive workshops led by a Accredited Practising Dietitian will Refresh of knowledge and understanding of the new NSW Healthy School Canteen Strategy

Provide an opportunity for those attending to review their school canteen menu and update it to align with the NSW Healthy School Canteen Strategy. There will be lots of tips and tricks to help out with purchase and supply of healthy food and market a healthy canteen!

Participants who travel more than 100 km one way will be eligible to receive a fuel card

There are up to \$750 of HOUSE VOUCHERS for canteens to receive as part of a menu check process - details will be provided upon registration!

RSVP
14 May 2018

TO REGISTER COMPLETE AN ONLINE FORM
AT: www.surveymonkey.com/r/wnswcanteenworkshop

LUNCH will be
provided.
Each canteen
will receive a GIFT!

CONTACT

Healthy Children Initiative Team
Western NSW Local Health District
Tel (02) 6806 8970 | Fax (02) 6841 2368
WNSW/LHD-HCI@health.nsw.gov.au



Health
Western NSW
Local Health District



Awards Week 3



Best Listeners

Patrick Forbes
Alyssa Blackhall



Playground Awards

Daniella Reid
David Janissen



Buddy Bonus

Jack Underwood, Katelynn Richards,
Harmonii Leonard

Emily Carey, Jayden Thurston, Marley Michael



Bronze

Back Row: Riley Dunn, Tyreece South, Jade Blattman, Willow McKenzie,
Connor Vella

Front Row: Kaidence Albert, Braxton BLattman, Reggie Leonard, Krystal Yurong, Taya
Thurston, Shanayah Blattman



Silver

Teanna Craig
Kymarni Astill



COONAMBLE PUBLIC SCHOOL



PO BOX 322
COONAMBLE NSW 2829
E- primaryschoolpanc@gmail.com PH 02 68222817

CANTEEN MENU & PRICING

DRINKS

WATER (600ML)	\$2.50
WATER (1 LITRE)	\$3.00
PLAIN MILK (150ML)	\$1.50
POP TOPS (200ML)	\$2.50
PRIMER POPPERS (250ML)	\$1.50
FLAVOURED MILK (250ML)	\$2.50

SNACKS

FRESH FRUIT	\$1.50
FRUIT SALAD TUB	SML \$2.00 & LARGE \$3.00
EGGS	\$0.50
CUSTARD	\$1.50
YOGHURT	\$1.50
CUSTARD & JELLY	\$1.50
JELLY	\$1.50
CHEESE & CRACKERS	\$1.00
CHIPS	\$1.50
MUFFIN	\$2.50

FROZEN TREATS

VANILLA ICE CREAM CUP	\$2.30
ICE MONY (TNT)	\$1.00
WATERMELON LEMONADE, COLA, SOUR RASPBERRY	
PADDLE POP	\$2.00
CHOC & RAINBOW	

SALAD TUB

SALAD	\$5.00
SALAD WITH HAM	\$6.00
SALAD WITH CHICKEN	\$6.00
SALAD WITH CHEESE	\$6.00
SALAD WITH EGG	\$6.00

SANDWICHES & WRAPS & SALADS

CHOOSE YOUR BASE

BROWN, GRAIN BREAD, WHITE, WRAP

VEGEMITE	\$2.50
CHEESE	\$2.50
HAM	\$3.00
HAM & CHEESE	\$3.20
HAM & TOMATO & CHEESE	\$3.50
HAM & PINEAPPLE & CHEESE	\$3.50
EGG & LETTUCE	\$3.20
EGG	\$2.50
FRESH CHICKEN	\$3.50
FRESH CHICKEN & CHEESE	\$3.60
FRESH CHICKEN & LETTUCE	\$3.60
CHICKEN & TOMATO & CHEESE	\$4.00
CHICKEN & PINEAPPLE & CHEESE	\$4.50
SALAD	\$4.50
SALAD WITH HAM	\$5.00
SALAD WITH CHICKEN	\$5.50
SALAD WITH CHEESE	\$5.00
SALAD WITH EGG	\$5.00
ADD ANY EXTRA TOPPING	\$0.60

HOT FOOD

CHICKEN BURGER & MAYO	\$5.00
MEAT PIE (LARGE)	\$4.60
SMALL PIES	\$1.60
SAUSAGE ROLL	\$3.60
BEEF LASAGNE	\$4.30
CHICKEN FINGERS	\$0.60
SAUCE	\$0.50

UNIFORMS

SHIRTS	TRACK PANTS	JACKETS	WINTER DRESS	LUNCH BAG
\$30.00	\$40.00	\$30.00	\$60.00	\$11.00
SHORTS	JUMPERS	SUMMER DRESS	BUCKET HAT	LIBRARY/SWIM BAG
\$30.00	\$30.00	\$50.00	\$10.00	\$11.00

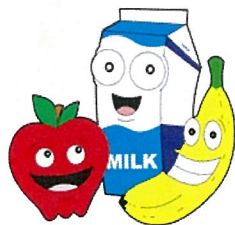
IF YOU WOULD LIKE TO VOLUNTEER ONE DAY A WEEK WE
WOULD APPRECIATE YOUR HELP!

P&C News

Next P&C Meeting.....

Tuesday 12th
June
5.30pm
CPS Staffroom

primaryschoolpandc@gmail.com



Canteen

Jasmin Fernando

8.30am - 12.10pm

Phone 6822 2817

Please note the canteen is
closed at **recess** until
further notice

Community News

Coonamble Local Aboriginal Land Council
NATIONAL RECONCILIATION WEEK

Don't Keep History A Mystery

LEARN SHARE GROW

The Board and Staff of the Coonamble LALC wish to invite
members of the Community to a BBQ lunch to be held
WEDNESDAY 30th MAY 2018 from 11-30am at the
LALC office 16 Castlereagh Street

Welcome to Country, Flag Raising,

BBQ Lunch, Short Film, Chat with Community Members

**National
Reconciliation
Week 2018**
27 May - 3 June

**don't keep
history a
mystery**
learn • share • grow

BECOME A VOLUNTEER HOST FAMILY



CAN YOU HOST ME?
EMAIL: volunteer@wep.org.au
CALL: 1300 664 733
SMS: 1300 664 733

WEP IS LOOKING FOR AUSTRALIAN FAMILIES TO JOIN OUR
COMMUNITY OF WONDERFUL VOLUNTEER HOST FAMILIES.
HOST A HIGH SCHOOL EXCHANGE STUDENT!
IF YOU HAVE AN INTEREST IN OTHER CULTURES, WE WOULD
LOVE TO HEAR FROM YOU! REMEMBER, SOMETIMES THE
GREATEST REWARDS IN LIFE COME FROM DOING THINGS YOU
NEVER THOUGHT YOU WOULD.



MAEVA Q
16 from Belgium
Maeva, a 16-year-old girl from Belgium, is looking for a host family in Australia. She is a friendly, outgoing person who loves to travel and meet new people. She is currently studying in Belgium and will be on her own for the first time. She is looking for a family that can provide her with a safe and comfortable environment where she can learn about Australian culture and customs.



NICOLÒ F
16 from Italy
Nicolo is a 16-year-old boy from Italy. He is a friendly, outgoing person who loves to travel and meet new people. He is currently studying in Italy and will be on his own for the first time. He is looking for a family that can provide him with a safe and comfortable environment where he can learn about Australian culture and customs.

**MORE PROFILES
AVAILABLE AT
WEP.ORG.AU/HOST**



THURSDAY 24TH MAY 6.00PM

TRIVIA FUN

COONAMBLE HIGH SCHOOL P&C

**COONAMBLE
GOLF CLUB**
**PIZZA
AVAILABLE
AT CLUB**



**\$10.00 PER
PERSON
6 PEOPLE PER
TEAM
GREAT PRIZES**

awaken SUICIDAL PREVENTION TRAINING

Half-Day WORKSHOP

Attendees will examine:
• Current Australian trends and statistics pertaining to youth and adolescent suicide
• Protective factors, risk factors and warning signs of suicide to respond appropriately
• Protective strategies and methods to improve the wellbeing of young people
• Listening, questioning and support building skills
• Conducting safe interventions with young people and effective methods of referral

**Leading cause of death
in young people aged
15-25**

**Prevention starts by
recognising warning signs
and taking them seriously.**



www.awakenyouth.com.au

