



Coonamble Public School



Thursday 14th February 2019 Term 1 Week 2

We acknowledge the school is built on Wailwan land and the home to many Gamilaroi families.



Dates for the Calendar

- 18/02/2019 - AECG Meeting - 10.00am CPS Community Room
- **26/02/2019 - P&C AGM - 5.30pm - CPS Staffroom**
- 22/02/2019 - Zone Swimming Carnival - Coonamble Swimming Pool
- 20/03/2019 - School Photos

Welcome Kinder 2019



Bertram Street Coonamble NSW 2829
 Email: Coonamble-p.school@det.nsw.edu.au
 Telephone: (02) 6822 1966 Fax: (02) 6822 1294

From the Principal.....

Dear parents,

Welcome to the 2019 school year everyone. We are very glad to see the students returning to school after the holidays and settling into their new classes ready to learn. We hope that the new families who have joined us will feel comfortable and welcome in our school community.

A very special welcome to our preschool and Kindergarten students who have joined us this week. It is a very exciting time for most children when they start school but it's okay to have some nerves as well. It is a big step and change in their lives...and the lives of families. Sometimes our family and friends feel just as nervous about it all.

The day is long and they are concentrating and learning so expect some tiredness and maybe some irritable behaviour when they get home. They will settle into school routines over the next few weeks and by the end of term it will be a "normal" part of their life.

Our first event this year is the swimming carnival and it is the first official duty for our newly elected house captains. They were busy on the day encouraging their teams to participate and gain house points. The weather was a bit windy but the students enjoyed the day. It is always great to see family and friends attending these events and supporting the children. They love to see family and friends at school- it's very encouraging for them. Our stage 1 children really enjoy their mini carnival as well before they return to school at lunch time.

Children who don't compete can still participate in novelty events in the smaller pool so they are involved in the day.

Thank you to the students who came along to the Coonamble Australia Day event to lead the singing of the National Anthem for the crowd. It was great to have a small group representing our school in the community and I was very proud of the effort you made to come along on a weekend. The Coonamble Shire Council has sent a letter of appreciation to the school for our contribution to the event.

Staffing update

- Mr David Sulter who taught language and culture will not be returning to our school. We will be seeking another teacher to fill this role in the future.
- Congratulations to Miss Georgia James, Mrs Jodi Prentice and Ms Shiralee Robinson who were successful in becoming permanent members of staff at the end of the year through a merit selection processes.
- **Welcome to the new teachers who have joined our school and we hope you enjoy working at Coonamble Public School.**
 - Mrs Cathy Tikoft and Mrs Vicki Anderson have joined us as assistant principals in stages 2 and 3.
 - Mr Shane Bell, Mr Stuart Edwards, Mrs Tracee Sar, Ms Paula Saunders and Ms Jenifer O'Neil have also joined us as classroom teachers.
 - Congratulations to Mrs Rebecca McIntyre who has successfully gained the position of Instructional Leader for the primary school. She will be working in the 3-6 class rooms and with the teachers for the year. The position of Assistant Principal in the support unit will be advertised.
 - I will be taking long service leave from 18th February until 11th March to travel. During my absence, Mrs Anthea Robinson will be relieving principal.

Alternate Wellbeing/Learning Centre

An alternate wellbeing/learning centre has been established to provide students who are not accessing their learning in class and are disruptive to the learning of others, with a space where there will be alternate learning activities and structured support. It is a designated space to reteach the behaviours and assist the student to re-enter their own classroom. Previously, many of these students were sent home which impacts on their families but also means that their learning is jeopardised. It is much more effective if we can keep them at school and help them learn the skills needed to stay in class or give them time to calm down in a supported environment. The model is a combination of the wellbeing room of 2016 and the "Think Tank" that operated a few years ago. It will be staffed full time so that students can access it when appropriate for short or longer periods of time. There will be practical/hands on activities, life skills, calming experiences, literacy and numeracy activities and social skills strategies to meet a variety of individual needs.

We will be sending home more information about this initiative over the next few weeks and contacting parents to discuss any ongoing concerns.

The staff who will be based in the centre are Mrs Sandra Gray (co-ordinator), Miss Beth Small (teacher), Fran, Mrs Jacqui Fitzgerald and a mentor who will be announced shortly.

Staff training

On Monday 11th February, the whole staff participated in training on supporting the needs of students who have experienced or witnessed trauma and the impact of this on their ability to learn. The training was delivered by Mrs Michelle Montgomery from KidsExpress. After the initial training, Mrs Montgomery will return to work with our Alternate Learning Centre team in the establishment phase. This was an additional Staff Development Day for staff so that everyone could hear the message together and be part of the support process.

Enjoy the week ahead.
Annette Thomson

Save the date!

Wednesday 20th March



**The School
Photographer**

School News

primaryschoolpandc@gmail.com



P & C AGM

Tuesday 26th February

5.30pm

CPS Staffroom

AECG Meeting

Monday
18th February
10.00am
CPS
Community Room



CPS Uniform List

Uniforms are available for purchase from the school office. EFTPOS available

School Shirt Sizes: 4,6,8,10,12,14 S,M,L	\$25.00
School Shorts Sizes: 4,6,8,10,12,14,16,	\$20.00
Girls Summer Dress Limited Sizes - can be ordered in	\$55.00
School Jumper Sizes: 4,6,8,10,12,14,16	\$30.00
School Trackpants Sizes: 6,8,10.12.14,16	\$40.00
Girls Winter Dress Limited Sizes - Can be ordered in	\$60.00

Community News



Expressions of Interests



Coonamble Junior Rugby League Football Club are seeking EOIs for the 2019 season's Coaches for both Netball & Football age groups below:

6's
8's
10's
12's
14's
16's

If you are interested in applying for one of these positions, please applying in writing to: Coonamble Junior Rugby League Football Club either by:

- Club's Facebook page
- Club email—jnrleague2829@gmail.com or
- Handing your letter/application to Club President—Adam Macrae
- All applicants must have a current Working With Children Check or be willing to obtain one
- All applicants must also have a Current Coaching Certificate or be willing to obtain one

Applications need to be received by the club no later than Friday 1st March 2019!!

There will be upcoming Netball & Football Coaching clinics as well as Sports Trainer courses. We urge all potential applicants to attend these training sessions to support our children and club. More details on these sessions will be shared via our Facebook page.



2019 Western Roadshow

Are you a Netball Coach or perhaps a volunteer wanting to know more about Coaching Netball? Then come along to one of our Western Roadshows, to see what it takes to be a Coach and to find out what opportunities are available for you gain your Coaching accreditation.

Our team will provide an on court learning experience for Coaches going through a series of skills, drills, management, the development of players and a team.

This session will run for approximately one hour, followed by a half hour session on the rules of the game to complete the clinic. Umpires or aspiring umpires are welcome and strongly encouraged to attend.

As part of these sessions we are seeking athletes to volunteer their time to be part of the clinic to assist the delivery of the Coaching clinic.

WHERE: Coonamble Sports Ground Netball Courts

WHEN: Wednesday 27th February 2019

TIME: 4:30pm – 6pm

COST: FREE

DETAILS:

- ☐ Coaches Clinic 4:30pm – 5:30pm
- ☐ Rules of the Game session 5:30pm – 6pm

There is no need to register for this event, just show up on the day!

For more information, contact the Far West Academy of Sport

Office on 5852 600

www.da.org.au
Disability
DA
Advocacy
1300 365 085
[A2H: 9398 4383 421]

Disability Advocacy NSW— a voice for people with disabilities in Dubbo and the West

Disability Advocacy NSW would like to introduce their newest Advocate, Lea Callan. Lea has a background in disability and is committed to ensuring people with a disability are treated with dignity and respect. Lea is focused on ensuring people who require support know they have someone on their side who understands and is prepared to speak up on their behalf if required. She is passionate about supporting people through tough times to achieve positive and fair outcomes and to improve quality of life and inclusiveness in community.

Disability Advocacy provides free, independent advocacy and information for people with all disabilities, their families and carers when they have been treated unfairly.

Lea can support you to speak up and be heard if you do not feel you are getting a fair go

- with the NDIS
- from government departments, services and businesses;
- at work, school, TAFE and university
- with accommodation, transport and access;
- with legal, health care or money issues. **Note:** We do not lend money

Lea is happy to provide information sessions to families, carers and members of the community around Advocacy for people with a disability.

If people with a disability or their families/carers' need assistance, Disability Advocacy NSW can be contacted on 1300 365 085. Lea can be contacted directly on her mobile 0417 993 261, email leanne.callan@da.org.au or through the Neighbourhood Centre, 1/80 Gipps Street, Dubbo.



family
referral service

Your link to support
Tel. 1300 339 016



Uniting

Need support? Don't know where to go? Or who can help?

Contact us for the cost of a local call:
1300 339 016

family
referral service

Are you a young person or family needing support and don't know where to start?

Talk to us today. We understand your unique needs and can set up a support plan linking you to the right services to assist you or your family.

You can speak to us by telephone, you can visit our office or we can meet you in your home or community.

Contact us for more information:
Western NSW Family Referral Service
213 Brisbane Street, Dubbo
T: 1300 339 016 (9am to 5pm)
E: westernfrs@uniting.org

We can assist you to find:

- Domestic violence services
- Housing and accommodation
- Financial assistance
- Counselling and mediation services
- Parenting programs
- Mental health support

And any other services you may need.

Canteen Menu & Price List

Drinks

Water 600ml	\$1.50
Water 1 litre	\$3.00
Flavoured milk	\$2.50
Popper 250ml	\$1.50
Milkshake – Lunch Only (chocolate or strawberry)	\$1.50
Warm Milo (Tue, Wed, Thurs mornings)	\$1.00

Snacks

Fresh Fruit	\$1.00
Fruit Salad Tub Small	\$2.00
Fruit Salad Large	\$3.00
Boiled Eggs	\$0.50
Custard	\$1.00
Yoghurt	\$1.00
Cheese and Crackers	\$1.00
Muffin	\$2.50
Cake	\$1.00
Grainwaves	\$1.50
Popcorn	\$1.50
Quelch Ice Block	\$0.70

Hot Food

Chicken Burger & Mayo	\$5.00
Large Meat Prge Meat Pie	\$4.50
Small Meat Pie	\$1.50
Sausage Roll	\$3.00
Chicken Finger - 1 serve=6	\$3.00
Beef Lasagne	\$4.30
Macaroni & Cheese	\$4.30
Chicken Fried Rice	\$4.30
Sauce	\$0.40

Sandwiches and Wraps

vegemite	\$1.50
cheese	\$1.50
Ham	\$2.00
Ham/Cheese	\$2.50
Ham/Tomato/Cheese	\$3.00
Ham/Pineapple/Cheese	\$3.00
Egg	\$2.50
Egg/Lettuce	\$3.00
Fresh Chicken	\$3.50
Fresh Chicken/Cheese	\$3.60
Fresh Chicken/Lettuce	\$3.60
Chicken/Tomato/Cheese	\$4.00
Chicken/Pineapple/Cheese	\$4.00
Salad	\$4.50
Salad with Chicken	\$5.50
Salad with Ham	\$5.00
Add Any extra Topping	\$0.60

Reusable Lunch Bags \$11.00

Food highlighted in GREEN are EVERYDAY items which is a GREAT CHOICE Food highlighted in ORANGE are OCCASIONAL items and can eaten in MODERATION



Each year representatives of the local service clubs, social, sporting and church groups organise a gathering to welcome newcomers to the Coonamble district.

This is an opportunity for newcomers to meet some of the "locals" & find out a little more about the Coonamble district and what it has to offer.

This is a family gathering with a meal provided and is FREE.

Details

Date: Saturday, 23rd February 2019

Venue: Coonamble Bowling Club

Time: 6:30 for a 7:00 start

RSVP

and further information please

contact:

Shane Horan

0447 021 704

Shane.horan@hotmail.com

RSVP by 18th February 2019

Welcome back!

Looking forward
to a great school year!